

# Saddle & Paddle Adventures

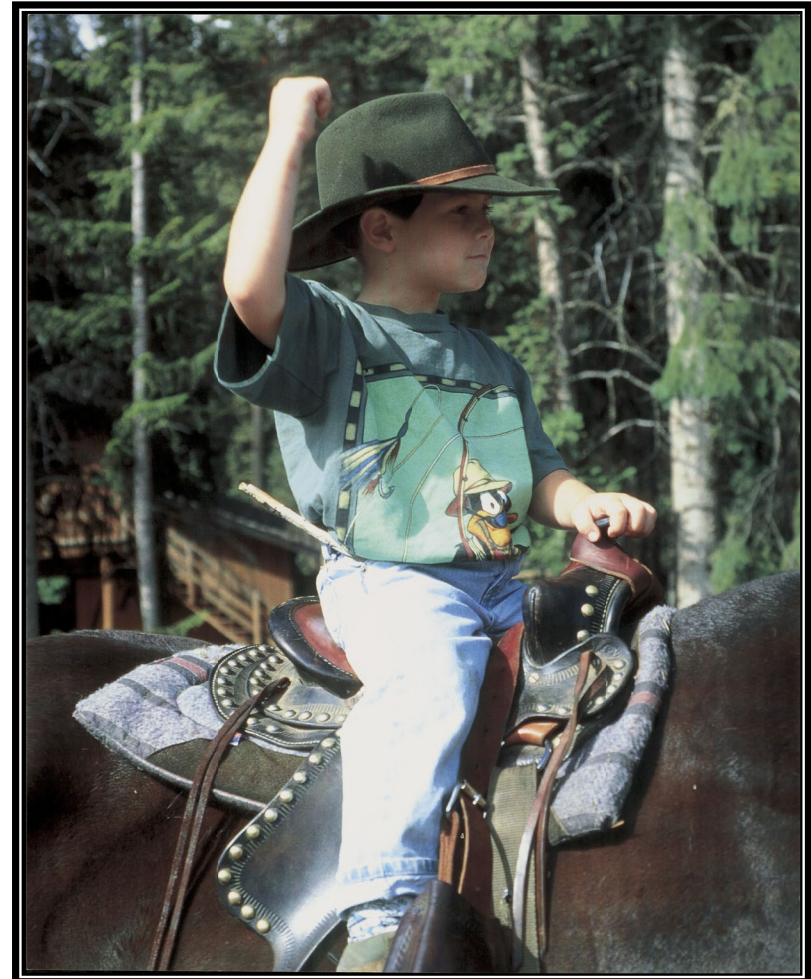


## Dates

*Various dates available May through early September*

## TRIP HIGHLIGHTS

- Horseback riding for 1 to 4 days along the rim of the Salmon River Canyon
- Whitewater rafting on the Snake or Salmon River for 1 to 5 days
- Fantastic river and back country meals
- Amazing wildlife viewing possibilities including elk, moose, bighorn sheep, eagles, osprey and much more



## **Trip Overview**

For all of you city slickers who have been looking for an adventurous vacation western style, look no further! Take in the majesty, history, and raw power of Idaho's natural wonders by raft and by horseback, on this once-in-a-lifetime Saddle & Paddle Adventure.

If you choose a one-day horseback ride, we'll trail ride high above the Salmon River with commanding views of the Salmon River Canyon, Seven Devils Mountains and Gospel Hump Wilderness. Our multi-day rides wind through roadless backcountry, and can spend one or several nights at the rustic Gilmore Ranch bunkhouse.

After your Saddle Adventure, you will move to the Paddle side of your adventure. Choose to take in the whitewater of the mighty Salmon River or brave the rapids of the Snake River in Hells Canyon. If you choose a multi-day option, the trip includes awesome beach camping, and fantastic river meals.

We have many different itineraries and dates available for our Saddle & Paddle trips. Please call our office and we can help you customize your adventure.

## **Difficulty Rating**

The Saddle & Paddle adventures are rated EASY, and considered appropriate for any physical ability, including children ages 10 and up. Most physical activities are optional. The trip may require walking on uneven terrain for short distances. While this adventure is not physically challenging, people with knee or back problems should talk with us before booking their trip.

## **Weather**

The weather in Idaho in the summer is beautiful! Most summer days are hot and dry, with temperatures ranging from the 80's to the occasional 100 or more, with very low humidity. Fortunately we have our rivers to cool off in. The nights are perfect for camping, with clear skies, brilliant stars and pleasant temperatures. We do have the occasional afternoon thunderstorm, but they usually dissipate within an hour or two.

The spring is typically warm as well, but there can be occasional days of chilly weather or rain. The fall is a beautiful time here with mild temperatures in the 60s and 70s. Winter in the immediate area is mild and rarely falls below freezing. Up in the mountains, we receive many feet of snow in the winter that offer great recreation opportunities and help supply our rivers with melt water come springtime.

## **Detailed Trip Itineraries**

Below are two example itineraries, a 2-Day Saddle & Paddle, and a multi-day Saddle & Paddle. Because this trip customizable, please call our office and we will help you build your specific Detailed Trip Itinerary.

### **Two-Day Saddle & Paddle Trip Itinerary**

Our Saddle and Paddle trip begins atop the Salmon River Canyon, above the small town of Whitebird in Idaho. Here you will meet your guide for the day and be paired up with your trusty steed. Our guides have been working with these horses for years and truly know their personalities. After meeting and talking with you, your guide will have a sense of your ability and desire, and pair you up with just the right horse. From the ranch, we ride high above the Salmon River with amazing views of the Salmon River Canyon, Seven Devils Mountains and the Gospel Hump Wilderness. Our day is spent walking and trotting along the trails within the National Forest. The full day ride includes an excellent lunch while you are out on the trails in the forest.

After your day of riding, you will join us at the Little Salmon Lodge. Here you can relax at our bar or in the riverside hot tub while you wait for our private cook to prepare your dinner. In the morning, after breakfast, you will depart for the Paddle portion of your adventure!

Our one day river trip covers 20 miles, including mostly Class II and III, with the occasional IV, whitewater. During our trip we will enjoy a delicious lunch buffet on one of the Salmon River's beautiful sand beaches. Lunch includes a great deli sandwich bar, fresh fruit and veggies, chips and dip or salsa, and homemade cookies for dessert.

Upon finishing your Paddle adventure, we return to the Little Salmon Lodge where you can relax and reminisce over a cold beverage at the bar and view photos of your river trip.

## Multi-Day Saddle & Paddle Trip Itinerary

Our trip begins the same as the one-day adventure, with the added journey into the back country where you will stay at the historic Gilmore Ranch. After we are paired up with our horses, we will travel to the trailhead, saddle up and ride into the backcountry. Our ride to the Gilmore Ranch offers several hours of riding through the Nez Perce National Forest, along steep, undulating terrain with dramatic views.

We arrive at the historic Gilmore Ranch, our rustic home for the next few days, in the mid-afternoon with plenty of time for more riding, fishing, or to take a hike along a variety of trails. After our delicious home cooked meal, we settle into our comfortable sleeping arrangements in the bunkhouse or in permanent and private walled tents.

After your days of riding, you will join us for an evening at the Little Salmon Lodge. Here you can relax at the bar or in the riverside hot tub while you wait for our private cook to prepare your dinner. Around 7 p.m., we will host our rafting pre-trip orientation. At this get together, you meet your guides and fellow rafters, learn how to properly pack your bags, and ask any last minute river trip questions you may have. In the morning after breakfast, we depart for the Paddle portion of our adventure.

**The Paddle Trip, Day 1:** After a hearty breakfast, we head from our Lodge to the start of our river trip adventure. We cover approximately 20 exciting river miles each day with optional hikes during the day. After lunch on the river, we arrive at camp between 4:00 and 5:00. The entire camp is already set up, which means your only job is to enjoy the surroundings. You can swim, play bocci ball, hike, fish, or just relax. In the evening, we prepare a fine gourmet meal in our well-stocked river kitchen, including fresh-baked breads and dessert.

**Lower Salmon or Hells Canyon Multi-Days:** If you choose a longer Paddle trip on the Lower Salmon or Snake River, the days have the same general flow as Day 1, stocked with awesome whitewater, calm swimming pools, interesting history, great food, and fun. Soon enough, you will start slipping into what we call “*river time*”. No clocks, no cell phones, no computers, just you and all the time in the world.

**Last Day:** After a hearty hot river breakfast, we are back on the water around 10 a.m. looking forward to more thrilling whitewater. After a full day including lunch served on the river, we typically arrive back at the Little Salmon Lodge around 5 p.m.

## Package Options

### *Saddle Options:*

- 1 - Day Horseback Trail Ride
- 2 - 4 Day Backcountry Horseback Ride

### *Paddle Options:*

- 1 - Day Salmon River Rafting
- 2 - Day Salmon River Rafting (one night at a river camp)
- 5 - Day Lower Salmon River Canyons Rafting
- 3 or 5 -Day Hells Canyon, Snake River Rafting

## Trip Cost

Custom 2 to 9 day itineraries available May through early September starting at \$325 per person. Please call us to create and quote the trip that is perfect for you!

## What's Included

Our Saddle portion of the trip includes:

- All riding and camping equipment
- Professional, experienced and fun-loving horseback guides
- Rustic indoor accommodations with dining room table, beds and all bedding

Our luxury river camps feature amenities not normally found in remote wilderness areas. A full kitchen set up allows our guides to cook a wide variety of delicious meals. This portion of your trip includes:

- All river and camping equipment including sleeping bags (if requested)
- Professional, experienced and fun-loving river guides
- Private tents for each 2 people (solo travelers have single tents)
- Thick sleeping pads
- Camp chairs and tables
- Hot showers
- Large shade tarp to escape the rare rain storm or the sun, and for covered dining

### **What's Not Included**

The cost of the trip does not include airfare to Boise, Idaho; transportation from the airport to the Little Salmon Lodge; lodging the nights before or after your trip; optional gratuities, and applicable taxes.

Tippling is not required, but is generally customary if you feel your guides have worked hard and provided you with a wonderful experience. While any amount is appreciated, a gratuity of \$20 per guest per day is considered a nice tip. For multi-day trips on which a crew of several guides has worked, your gratuity can be given to any of the guides and they will pool and share all tips equally.

### **Why Northwest Voyageurs**

**Safety:** The most important part of any outdoor adventure is safety. Safety comes first and foremost from having experienced, well trained guides who know how to avoid dangerous situations and minimize risk. All outdoor adventures have inherent risks associated with them. Our job as your outfitter is to minimize that risk as much as possible. In 26 years of guiding adventure trips, we have never had a serious injury. Our safety record is impeccable and speaks for itself.

**Exceptional People:** When we consider hiring anyone in our company, we want to ensure first and foremost that the person is extraordinary. Maybe we are selfish - we like to surround ourselves with inspiring people! We know we can teach almost anyone the skills to row a boat, or work at our front desk. But

we can't teach people to understand people and how to exceed their expectations. This trait is inborn and we search long and hard to find these people.

**Experience:** Experienced guides bring more to the table than a safe trip. They bring deep knowledge of our rivers and destinations - and they also know how to maximize the fun-factor while minimizing risk. We boast some of the most experienced guides in the industry, as evidenced by a fair amount of white and grey hair in our guide staff. We also boast a very high level of education in our guides and staff in a variety of fields.

**Service:** Our owners have extremely high expectations of themselves and our staff. We differentiate ourselves on providing an extraordinarily high level of service on our trips and in our lodge. Our goal is to solve your problems and issues before you have them and to smile the entire time. Ultimately, it's our passion for sharing the outdoors with people who may be out of their element that drives us to provide this level of service. It makes your experience that much more rewarding - and makes you want to come back again and again.

**Professionalism:** While our guides are fun-loving and relaxed, they are also professionals. They've been trained in customer service and are able to handle difficult situations with grace and poise.

**Delicious Gourmet Food:** One of the elements of our trips that stay with our guests the longest is our amazing food. People are in awe of what we can create in the middle of the wilderness. Dutch-oven cooking, fresh baked desserts, lots of variety, and often a bit too much food! We can also accommodate any special dietary requests with advanced notice to ensure your enjoyment of our meals. A sample of what you may enjoy on your journey may include:

*Breakfast:* Made-to-order omelets, banana walnut pancakes, home-made "Egg McMuffins," fresh fruit salad, and only the finest gourmet coffee - we are coffee snobs!

*Lunch:* New York Style Deli spread, smoked salmon and bagels, chicken salad on fresh croissants, taco salad, all with a selection of fresh fruit, veggies and dip, chips and a Katy's homemade cookies.

*Dinner:* Lime-dill salmon grilled to perfection with sautéed garlic asparagus, juicy steaks with giant Idaho potatoes and all the trimmings, chicken pesto fettucine with roasted red peppers, freshly baked breads, fresh green salads,.

*Dessert:* Pineapple upside-down cake, fresh picked blackberry cobbler, fudge brownies, strawberry shortcake or even a birthday cake - all baked fresh on the river.

### **Types of Water Craft NWV Offers:**

**Oar Rafts:** In these boats, the guide sits in the middle of the boat with oars and has complete control of the raft. You can paddle if you wish, but paddling is optional at all times. In oar boats, you can sit back, enjoy the scenery and let the guide do all the work if you wish. Our most relaxing and least participative option.

**Paddle-Assist Rafts:** In paddle-assist boats, the guide has oars (typically mounted in the back of the boat) but needs paddling help during rapids and occasionally during some of the flat water. This is the most popular boat for people who wish to paddle during their trip.

**Paddle Rafts:** Our paddle boats have a guide in the back with a paddle (no oars) and the guide steers, but provides no power. Paddling is required the entire day. Due to the nature of our rivers being big volume pool and drop rivers (very different from small volume technical East Coast & California rivers), and the tendency for upstream wind, this option is only appropriate for people who **really** want to paddle **all day** long. We have found that most people who request paddle rafts are actually happier in paddle-assist rafts.

**Inflatable Kayaks:** Thrill-seekers can brave our biggest rapids on their own in one of our single or double “duckies.” In smaller rapids and calmer waters, the kayaks are great for anybody (including younger kids) who wants to get a little closer to the action. They do not require experience or knowledge of how to “Eskimo-roll”. If you flip the kayak, you fall out and swim, we come rescue you and everyone is happy!

Once you book your trip, we will have you complete a trip questionnaire that will help us plan the right mix of boats for the entire group on your launch date.

### **Getting Here**

**Flight Information:** Most guests choose to fly into Boise, Idaho which is about 3 hours from our lodge and headquarters. All major carriers except American Airlines fly into Boise. Spokane, WA and Missoula, MT have major airports as well and both are 4 hours from us. If your itinerary includes a trip to Coeur d'Alene or Glacier National Park, these cities will likely be more convenient than Boise. Lewiston, Idaho (2 hours) is served by Horizon Air from Seattle. From all airports, most of our guests rent cars and drive to our facility.

**Shuttle Service:** Shuttle service for parties of 6 or more is sometimes available from Boise or Lewiston. Please call our office at (800) 727-9977 for more information.

**Public Transportation:** Bus service is available once per day between Boise, Lewiston or Spokane to our lodge via Northwestern Trailways. Please check with us or the bus company for up-to-date schedules. Round trip tickets run approximately \$45 per person.

**Driving Directions:** The Little Salmon Lodge and Northwest Voyageurs' headquarters are located in West Central Idaho, 10 miles south of Riggins, just off Highway 95 on Pollock Road. Turn west on Pollock Rd. between highway mile markers 186 and 187 and you will see our lodge 100 yards down the road on the left. For more specific directions please contact Northwest Voyageurs and we will be happy to assist you.

Approximate driving times from regional towns and cities:

Riggins - 10 minutes  
McCall - 45 minutes  
Grangeville - 1 hour  
Lewiston - 2 hours  
Boise - 2 hours, 45 minutes  
Coeur d'Alene, ID & Spokane, WA - 4 hours  
Tri-Cities, WA - 4 hours  
Portland, OR - 7 hours  
Seattle, WA - 8 hours  
Salt Lake City, UT - 8 hours

## Accommodations Before and After Your Trip

We invite you to join us at the Little Salmon Lodge the nights before and after your trip. Nestled on the banks of the Little Salmon River, lies the Little Salmon Lodge, home of Northwest Voyageurs. The Lodge runs as a full bed & breakfast, featuring 12 guest rooms with private baths, a beautifully hand carved beer and wine bar, river side hot tub, great room, and the most hospitable staff around. With most adventures starting and returning to the Little Salmon Lodge, it is the perfect place to relax before and after your trip. Call ahead for dinner reservations in the summer.

If you prefer to camp or have an RV, consider our neighbors up the road at the Canyon Pines RV Park. If beach camping without facilities is more your style, check out the many free camping options along the Salmon River just upstream (east) of Riggins.

## What to Bring

### Summer Rafting & Riding

In July and August, the weather on our rivers in Idaho is typically warm and beautiful, with only a slight chance of precipitation. Average highs are in the 90s and average lows in the high 50s to 60s. We do have a week or two that can be considerably hotter, with daytime highs exceeding 100F.

Horseback riding in normal summer conditions, we recommend long riding pants (jeans), riding boots or sturdy tennis shoes, cotton t-shirts, perhaps a long sleeve cotton shirt for sun protection, hat and sunglasses for sun protection.

On the river in normal summer conditions, we recommend quick dry shorts or bathing suits, cotton t-shirts, a long sleeve cotton shirt and long light weight pants for sun protection, hat and sunglasses for sun protection.

**IMPORTANT:** Cotton clothing IS RECOMMENDED for very hot weather and it stays wet and helps cool your body temperature. However, cotton is not recommended for cooler weather, so you should bring some non-cotton layers even in the summer to be prepared for cooler weather. Our detailed packing list includes gear for rare cool summer weather. Even though we hope to never use it, it is very important to bring it along. If the weather looks like rain, please bring along fitted rain gear. Do not bring a floppy poncho or other type of covering that will flap in the breeze. This type of clothing can spook the horses.

In the raft and kayak, you should wear shoes that will not fall off your feet and that you don't mind getting and staying wet. River sandals with heel straps (for instance Teva or Chaco sandals) are ideal, as are water shoes like those made by Keen. Tennis shoes work, but will get wet and tend to stay wet throughout the day.

Lastly, when in camp, you will want to have dry shoes to change into. Some people prefer tennis shoes, some sandals. During camp, we will have opportunity to do some short hikes. Tennis shoes or sandals are typically fine for our short hikes, but some people may prefer to bring light weight hiking shoes or boots for longer hikes.

### Spring and Fall Rafting & Riding (April, May, June, September, October)

If you have decided to join us in the spring or fall for cooler weather, please pay special attention to the packing list for those seasons. The water and air temperatures are cooler and the chances of rain are higher. As we mentioned above, even though we hope we never have to use the bad weather gear, it is important that you bring it along, just in case.

During cooler weather, it is always appropriate to wear quick dry, non-cotton clothing to keep you warm even when you are wet. The well known saying "COTTON KILLS" applies to all of our spring and fall trips. Synthetic fabrics such as polypropylene, capilene, and polyester fleece dry quickly and keep you warm when wet. Wool is a good and less expensive option however it tends to dry more slowly and is less comfortable.

When planning your clothing for cool weather rafting, think layers. The first layer is often your long underwear, which provides warmth and wicks away moisture. Again, the newer synthetic fabrics are an excellent choice. The middle layer is often a fleece, heavier or lighter weight depending upon the expected weather conditions. The outer layer is typically a water proof or resistant layer. Since most of our body's heat loss is through the top of our head, we highly recommend wearing a synthetic or wool hat.

If the weather and water temperatures call for wetsuits, Northwest Voyageurs will provide them. We offer a "farmer John" style wet suit (one piece, long pants, sleeveless front zipper).

## How to Pack

On the horseback trail, you will be able to pack your personal items back to the camp with you. Please bring a reasonable sized flexible duffel bag for this portion of the trip. The pack horses have saddle bags in which your personal items will be carried. You may want to consider a fanny pack to store small items you might need with you during the day.

On the river, we supply each person with one large overnight bag. For items you may need during the day, we supply one medium sized bag for two people to share. Your overnight bag has plenty of room for your sleeping bag and one good sized duffel bag for your personal items. (Note, you can not typically fit suitcases in this bag.) This bag should be packed knowing that you will not have access to it until you arrive at that evening's camp.

Your second bag is a day bag which you will have access to during the day. This smaller bag is typically shared with one other person and is large enough to hold things you will need access to during the day such as a camera, sun screen, warm fleece or rain jacket etc.

We use water tight NRS Dry Bags. When packed and sealed correctly, these bags will stay dry under most conditions. Our guides will help you to ensure they are sealed well. To fully protect your gear, particularly items that can't get wet such as cameras, medications etc., you may want to bring along several zip lock bags for double protection. If you plan to bring an expensive camera, we recommend purchasing a dry box such as a pelican case. See Detailed Packing List on last page of this packet.

## Fishing

A short hike from the backcountry Gilmore Ranch, there is a stream with spin cast fishing opportunities. Also, the Salmon River features excellent opportunities to fish in camp beginning in July. In order to participate in either of these fishing options, you will need to bring your own fishing tackle and obtain a valid Idaho fishing license.

Fly fishing recommended gear (on river trip only):

- 5-6 weight fly rod
- 5-6 weight floating line w/ medium to fast sinking tip-Bass flies: Varies. Try purple, green and white poppers. Streamer patterns.
- Trout flies: Caddis patterns, midges.

Spinning Gear recommended:

- Average sized trout rod with light tackle, or ultralight rod
- 2-4 pound test line
- Lures: Spinners, meps, spoons, jigs

Northwest Voyageurs can provide rental spin fishing equipment, including a supply of lures, for \$25 per rod per day. Rental equipment is in limited supply and must be reserved in advance.

## Recommended Reading List

### General:

*Indian Creek Chronicles* Pete Fromm

*River Tales of Idaho* Darcy Williams

*Water – The Fate of Our Most Precious Resource* Marq De Villiers

*Roadside Geology of Idaho* David Alt

*Myths of Idaho Indians* Deward Walker Jr.

### Salmon River:

*River of No Return* Johnny Carrey and Cort Conley

*Spirits of the Salmon River* Kathy Deinhart Hill

*Last of the Mountain Men* Harold Peterson and Sylvan Hart

*The Lower Salmon Sourcebook: A Guide's Guide* Caroline Tan

### Snake River:

*Standing Up To The Rock* T. Louise Freeman-Toole

*Home Below Hells Canyon* Grace Jordan

*The Sterling Years* Bonnie Sterling

*Snake River of Hells Canyon* Johnny Carrey, Cort Conley, Ace Barton

*Island and Rapids: The Geologic Story of Hells Canyon* Trace Vallier

## **Emergencies**

Should your friends or family have an emergency, please ask them to contact us directly at the lodge at (208) 628-3021. We will do our best to get any appropriate message to you. It is often exceedingly difficult for us to reach our trips with a message, as we are often in remote, roadless wilderness areas. You will be responsible for any cost associated with retrieving you early from a trip or getting a message to you. So please be sure to let your friends and family know that they should be very clear with us the urgency of the message.

## **Payment and Cancellation Policy**

Northwest Voyageurs requires a non-refundable \$100 deposit from each person to secure your reservation for the 2-Day Saddle & Paddle. Any Saddle & Paddle more than 2-days in length require a \$400 deposit per person. Final payments are due no later than 90 days prior to the departure date. If you find you must cancel your trip, please notify Northwest Voyageurs in writing as soon as possible. If we have not received your final payment by the due date, and if we have not received written notification of your need to cancel your reservation, Northwest Voyageurs may at its sole discretion charge the remaining invoice balance to your credit card on file or consider the reservation cancelled and release your spaces.

All payments are non-refundable. However, if you notify us in writing of your need to cancel your trip at least 60 days prior to your departure, we will hold payments on your account less the initial deposit for a period of one year. If you notify us less than 60 days prior to your departure, all payments will be forfeited. Please understand that once you sign up, we lose the right to sell your space to another individual. Therefore, we regretfully cannot make exceptions to our cancellation policies. Northwest Voyageurs **STRONGLY** recommends purchasing travel insurance for all multi-day reservations.

## **Travel Insurance**

Travel insurance can cover unforeseen costs or problems such as lost baggage, cancelled flights, and the costs of canceling your trip due to illness or injury. Northwest Voyageurs **STRONGLY** recommends purchasing travel insurance for this trip. It is very important to consider purchasing your insurance within 15 days of making your reservation, as there are additional benefits included in

the policy including a waiver of pre-existing medical conditions. For more information, or to purchase travel insurance, please visit:

<http://www.travelinsure.com/what/selecthigh.htm?32922>

## **Other Questions**

If you have any further questions, please feel free to contact us by email at [info@voyageurs.com](mailto:info@voyageurs.com) or by phone at (800) 727-9977 and we will be more than happy to assist you in any way that we can.

## Detailed Packing List for a 4-day Saddle & Paddle

The following list is suggested for our 4-Day Saddle & Paddle itinerary. Please adjust quantities of items according to your trip itinerary (no camping items needed for the 2-day option). Also remember that this is a horse pack trip and you should only bring what you need. The Gilmore Ranch is in the backcountry and does not have electricity.

### Gear & Equipment List

- Sleeping Bag (if you bring your own)
- Flashlight or headlamp
- Waterproof camera & film (disposable waterproof cameras available in our shop)\*
- 2 - 1 litre water bottles\*, refillable during the day
- Light-weight duffel bag for clothes – used to put into our dry bags
- Several zip lock type bags for personal items

### Clothing and personal items

- 2-3 short-sleeve t-shirts
- 1 long-sleeve t-shirts or old dress shirts (for sun protection)
- 1-2 pair quick dry shorts
- Bathing suit
- 2-3 pairs of socks
- personal undergarments
- 1 warm top (non-cotton such as fleece)
- 1 pair riding pants or jeans
- 1 pair lightweight pants for evening
- Sunglasses with retainer straps \*
- Plenty of waterproof sunscreen \*
- Lip balm/chapstick\*
- Towel, bio-degradable camp soap, lotion and personal toiletry items
- Brimmed hat, baseball hat, or visor for sun protection\*
- Good quality rain jacket and pants (we can provide splash jackets and pants if needed – more important in spring and fall than in summer)
- Sandals with heel strap or water shoes
- Walking shoes for in camp and short hikes
- Riding boots or sturdy shoes for riding

### Optional Items to Bring

- Fishing license
- Fishing rod and tackle
- Lightweight hiking boots
- Camera or camcorder
- Camp pillow
- Alcoholic beverages\* - no glass bottles please. If you wish to bring wine, we recommend pouring it into a lexan “nalgene” bottle prior to departure. We

sell lexan water bottles at our lodge, as well as a nice selection of wine and canned beer for your trip.

### Spring and Fall Additional Clothing Items:

- Pack for layering: Non-cotton warm layers, poly-propylene underwear, fleece, a warm coat, etc.
- Warm Goretex/waterproof jacket and pants or good quality rain jacket and pants (we can provide splash jackets and pants if needed)
- 2-3 warm tops (fleece or wool)
- 2-3 pair pants (jeans, fleece, carhartts, for in camp.)
- 1-2 sets long underwear (synthetic, quick dry fabrics like polypropylene, capilene, and polyester fleece)
- 2-3 pairs wool or synthetic socks
- Non-cotton winter hat and gloves

### Northwest Voyageurs Provides

- Life jackets
- Tents
- Thick sleeping pads
- Sleeping bag (if requested)
- Wet suits (if necessary)
- Camp chairs and tables
- Dry bags for your personal gear
- Camera boxes
- First Aid supplies
- All cooking equipment and meals
- Ice and mixers for alcohol (please request any specific mixers)

### Please Do Not Bring:

- Radios (personal headphones OK)
- Valuables
- Pets
- Firearms

### **Where can I buy these items?**

Asterisked items in the above list are available for purchase when you arrive at our headquarters, the Little Salmon Lodge. Many of the other items can be purchased from a variety of general stores or local sporting goods stores. For specialty river or camping items including synthetic clothing, some of the many vendors to consider are:

*Northwest River Supply:* [www.nrsweb.com](http://www.nrsweb.com)

*REI:* [www.rei.com](http://www.rei.com)

*EMS (Eastern Mountain Sports):* [www.ems.com](http://www.ems.com)